

**Child Care Resource & Referral Newsletter
For Early Learning Educators
Baker, Grant, Harney, Malheur, Union, and Wallowa Counties**

**Happy New Year 2012!
January – February – March 2012**

WINNERS!

Grant County Child Center of Canyon City and Bonne Rexroad of Baker City recognized their phone numbers in the last newsletter. Find the last four digits of your phone number in this newsletter and call your local CCR&R to claim your prize! This is an example of what the number will look like: (#0000).

CONGRATULATIONS for PROFESSIONAL & EDUCATIONAL ATTAINMENT!!!

We value and want to recognize child care educators for the hours they dedicate to learning more about teaching young children. The providers below have attained a Step on the Oregon Registry during the past few months. They may have more training hours than the awarded Step, but have officially been awarded the following:

Step 1 (requires minimum of 12 hours of early childhood training)

**Helen Davis of Burns
Stephannie Inslee of La Grande
Teri Brown-Johnson of Haines
Tina Brown of La Grande**

Step 2 (requires minimum of 20 hours of early childhood training in at least 4 topic areas)

Nicole Wolf of La Grande

Step 4 (requires minimum of 50 hours of early childhood training in at least 4 topic areas)

**Angela Smith of Vale
Robin Donaldson of La Grande**

Step 6 (requires minimum of 90 hours of early childhood training in at least 8 topic areas)

Gina Mack-Villalobos of Baker City

Step 7 (requires minimum of 120 hrs of training with a min. of 10 hrs in 10 categories)

**Kari Lansdon of Baker City
Michelle Coley of Baker City
Terri Reed of Baker City**

Step 8.5 (requires minimum of 400 hours training; minimum 25 hrs in 10 categories)

280 hrs must link to Set 2 or Set 3 standards or college courses)

Diane Encinas of Ontario

Step 9 (requires 600 hrs of training w/ minimum of 30 hrs in 10 categories; 390 hrs must link to Set 2 or 3 or college course or AA degree in field)

Maureen Brown of La Grande

Step 10 (requires minimum of 800 hrs; 50 in 10 categories; or Bachelor degree in field)

Judy Bone of La Grande

Excellent!



World Water Day is March 22nd

2012 Calendarkeepers Are Here!

A supply of 2012 Calendarkeepers are available for purchase in our CCR&R office. They are \$12 each. Please contact us if you want one. We will arrange to get it to you.

Caregiver Conference April 14th

Save the Date of Saturday, April 14th for the Caregiver Conference in Ontario, Oregon.

Change in Oregon Child Seat Law

A change to the Oregon Child Seat Law goes into effect January 2012. This law will allow continued use of child seats up to the highest weight limit allowed by the seat manufacturer, as an alternative to boosters, for children over forty pounds but under age eight or less than 4'9" tall.

You can download the *Car Seat Recommendations for Children* flyer in English and Spanish at: www.actsoregon.org/educationMaterial.html

To learn more visit *ODOT-Transportation Safety Division's Occupant Protection* page at: <http://www.oregon.gov/ODOT/TS/safetybelts.shtml>

ORO – Oregon Registry Online

ORO is not the same as the Oregon Registry, although they are connected. After a class is held by CCR&R, as part of the statewide Oregon Registry Online (ORO), your class attendance information is submitted to ORO. This will include information to link your trainings to your personal ORO account which tracks all your training information. To link you accurately, we use address, phone number, email address, and other demographics. Within the next few months you will receive a transcript reflecting all the trainings listed in your ORO account from the Oregon Center on Career Development, which houses the ORO database where we submit training information.

Read & Reflect

An alternate training opportunity for You!

Read and Reflect is a training opportunity offered state-wide that allows you to receive additional training when you are unable to easily attend classroom trainings. Each Read and Reflect training packet consists of reading materials based on specific topics with an action activity, reflection component and activity worksheets.

Topics include:

- _ **Infant and Toddler Physical Development (Infant and Toddlers)**
- _ **Integrating Literacy Strategies (Preschool)**
- _ **Parents as Partners (Infants & Toddlers, Preschool, School Age)**
- _ **Using Observation and Assessment in the School Age Setting (School Age)**
- _ **Math: Not just about Numbers (Infants & Toddlers, Preschool, School Age)**
- _ **Helping Children with Angry Feelings (Preschool)**

These trainings are accepted by the Oregon Registry and count towards training requirements of the Child Care Division. You can receive a certificate for 1 clock-hour of training and the handling fee is \$15. However, only two hours of Read & Reflect training can be used toward renewal of your license for registered family child care; 6 hours for certified homes and centers. For more details, contact your local CCR&R consultant or email: crrassist@tecteam.org.

February is Black History Month



... **REMEMBER** to practice your fire and emergency evacuation plan!

Get Children Moving!

From birth through age 5, children's bodies are growing every day. Being physically active improves children's overall health. When they exercise, children just feel good.

Physical activity helps children:

Maintain a healthy weight.

Reduce their risk of feeling stressed or depressed and developing obesity-related illnesses (type 2 diabetes, high blood pressure, and unhealthy cholesterol levels).

Build their strength, flexibility, and endurance.

Enhance their motor skills, social skills, and brain development.

Develop and maintain strong bones.

Sleep better.

Feel confident about themselves and their bodies as they grow.

Keep two different kinds of play in mind...

1. Structured physical activity

This is physical activity organized and led by an adult. Ideally, activities are planned daily that are developmentally appropriate, fun and vigorous.

2. Unstructured physical activity to stimulate creativity and use the imagination

Unstructured activity is free play that's led by the child — in other words, when kids are able to play whatever they'd like (throw a ball, dance, crawl, climb, and other child-inspired play) in a safe environment.

For activity ideas, check out: <http://healthykidshealthyfuture.org/content/hkhf/home/activities.html>

Are You DHS Listed Exempt from Licensing? You Can Qualify for Higher Rates

The DHS Orientation class is required within 90 days of becoming newly Listed with DHS for providers exempt from licensing. An exempt provider will be paid \$12 per hour to attend the class. If you travel over 26 miles, you will receive an additional \$4; over 50 miles will receive \$8. After 90 days, a newly Listed provider will be given another 90 days to complete the class. After 180 days, a newly Listed provider will be in Failed status and receive no further billing forms or payments until the DHS Orientation class is attended.

DHS Orientation and Training Information:

● Exempt providers will be paid \$12 per hour to attend the DHS Orientation class.

● If you are exempt and DHS Listed (getting child care payments from DHS), you will be paid \$12 per hour to attend First Aid/CPR and Recognizing & Reporting Child Abuse & Neglect (RRCAN) classes.

● You can become an Enhanced Provider and get a higher rate of reimbursement if you have: current First Aid/CPR, Food Handler card, and attended a 2 hour Recognizing & Reporting Child Abuse & Neglect class. This also qualifies you for a Step 1 on the Oregon Registry.

● You can be paid \$12 per hour for up to twelve hours of additional early childhood training! Eight additional hours of training will qualify you for a Step 2 on the Oregon Registry.

● Exempt providers can be paid \$50 as a Milestone for attaining a Step 3 or higher on the Oregon Registry.

Call your local CCR&R if you have questions or want more information. Look for DHS Orientation schedule in the Training Calendar enclosed with this newsletter or go to the training website:

www.oregonchildcaretraining.org

Children Bring Communities Together Conference on April 21st

Save the Date of Saturday, April 21st for this conference at BMCC Campus in Pendleton, Oregon.

Outdoor play is important even in the winter!

Website Resources

This website has a huge variety of activity ideas organized for easy reference, including calendars with activities for preschoolers and toddlers: www.preschoolexpress.com

Child Care Billing and Attendance Tracking (CCBAT) System

A new child care tracking system to eliminate manual entry of daily attendance and the paper-based billing process is coming soon from the Oregon Department of Human Services (DHS.) This system is being rolled out in phases throughout 2012. It is not yet in eastern Oregon. You will have ample training and time to prepare before it comes to our area of the state. CCR&R staff will keep up to date on the progress of this roll out. Please contact CCR&R if you have questions about this.

New Crib Standards

Beginning June 28, 2011, all cribs manufactured and sold (including resale) must comply with new and improved federal safety standards. The new rules, which apply to full-size and non full-size cribs, prohibit the manufacture or sale of traditional drop-side rail cribs, strengthen crib slats and mattress supports, improve the quality of hardware and require more rigorous testing. The details of the rule are available on CPSC's website at www.cpsc.gov/businfo/frnotices/fr11/cribfinal.pdf. The new rules also apply to cribs currently in use at child care centers and places of public accommodation. **By December 28, 2012**, these facilities must use only compliant cribs that meet the new federal safety standards. accommodation, such as hotels and motels, have until December 28, 2012, to ensure that the cribs used in their facilities meet the requirements of the CPSC's new crib standards. After this date, places of public accommodation may no longer use traditional drop-side cribs or noncompliant cribs and must use cribs meeting the new federal safety standards.

The crib standards cover portable cribs, but not play yards.

Note: Child care facilities, family child care homes, and places of public accommodation should not resell, donate or give away a crib that does not meet the new crib standards, such as trying to resell the product through an online auction site or donating to a local thrift store. CPSC recommends disassembling the crib before discarding it.

MY SHADOW LIKES TO MOVE

Tune: "When You're Happy and You Know It"

Oh my shadow likes to move, just like I do.

Oh my shadow likes to move, just like I do.

Whatever that I do, my shadow does it, too.

Oh my shadow likes to move, just like I do. -Jean Warren

Have children pair up and invite one person move while their partner tries to do the same.

Sleep Guidelines Updated

In an updated policy statement and technical report, the American Academy of Pediatrics (AAP) is expanding its guidelines on safe sleep for babies, with additional information for parents on creating a safe environment for their babies to sleep. The AAP is providing recommendations on a safe sleeping environment that can reduce the risk of all sleep-related infant deaths, including SIDS. Three important additions include:

- [Breastfeeding](#) is recommended and is associated with a reduced risk of SIDS.
- Infants should be [immunized](#). Evidence suggests that immunization reduces the risk of SIDS by 50 percent.
- Bumper pads should not be used in [cribs](#). There is no evidence that bumper pads prevent injuries, and there is a potential risk of suffocation, strangulation or entrapment.

For a look at the full policy statement, see <http://pediatrics.aappublications.org/content/early/2011/10/12/peds.2011-2284>.

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From Helping Kids Succeed – Positive view of personal future

Tips: Talk to children about what they want to be when they grow up. Encourage them to look forward to things in the future. Tell children you believe in them. Be positive. Celebrate the little things in life, so children get used to finding little things to be grateful for. Make plans and involve children in the process.

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